3SA SOUTHPORT DISTRICT CROSS COUNTRY COURSE MAP





COURSE MARSHALL

11 & 12/13 YEAR OLD START / FINISH LINE 3KM COURSE (2 laps X 1.5Km Course)

9/10 YEAR OLD START LINE 2KM COURSE (500m, them 1 lap x 1.5km Course)

START (11 & 12/13 YEAR OLD) / FINISH LINE (ALL AGE GROUPS)