

3SA Southport District Cross Country **Information**

Friday May 11, 2018

Bald Hill Park

3SA Southport District Cross Country will be held on Friday 11th May, 2018 at Bald Hill Park in Clayton.

Date: Friday 11th May, 2018
Time: 9.45am-1.30pm
Venue: Bald Hill Park, Clayton.
Melway Map 78 J4, Bunney Rd
Coordinator: Sam FitzGerald, Windsor Primary School
Phone: 9521 37 11

Course: 9/10 Year Old Boys and Girls- 2 kilometres **(2000m)**
11/12/13 Year Old Boys and Girls- 3 kilometres **(3000m)**

Requirements for competitors:

- A.** Ages to be calculated to 31st December of the current year.
- B.** 8 year olds can run at District but will not qualify for Division
- C.** Each competitor must qualify at the **District Cross Country** before competing at **Division Cross Country**
- D.** Competitors must be correctly attired in some form of running shoes (no spikes allowed) comfortable running shorts and school T-shirt.
- E.** Each competitor is to wear an identification sticker on their shirt with their details - provided by Sam
- F.** Top 8 finishers will qualify for the Beachside Division Cross Country event on Tuesday 29th May 2018 at Bald Hill Park.

Roles:

Coordinator: Sam FitzGerald
Announcer: Sam Cheshire
Starter: Peter Cracknell
Starting Marshal: Sam FitzGerald
Finish Line Places: Lewis Mildenhall
Results: Sam FitzGerald, Travis Wood
CBC Course Marshalls: Kate Simon
Raffle Tickets: Luke Jones, Marcus Seravite
Radios: Sam (Start/Finish area), Top of the Hill, 2 far corners of the Track

3SA Southport District Cross Country
Program outline:

9.45am-10.00am	Welcome
10.00am-10.15am	Outline of running course for competitors
10.15am -10.45am	9 / 10 Year Old Boys
10.45am – 11.15am	9 / 10 Year Old Girls
11.15am – 11.45am	11 Year Old Boys
11.45am – 12.15pm	11 Year Old Girls
12.15pm – 12.45pm	12 / 13 Year Old Boys
12.45pm – 1.15pm	12 / 13 Year Old Girls
1.15pm – 1.30pm	Conclusion

Nb: All times are approximate

