



School Sport Victoria

Southport District Cross Country

Program outline

Date: Tuesday May 7, 2019
Time: 10:00 am-1:30pm
Venue: Fawkner Park, South Yarra
Coordinator: Stephen Brewer - Brewer.stephen.j@edumail.vic.gov.au
Course: 9/10 Year Old Boys and Girls- 2 kilometres
11& 12/13 Year Old Boys and Girls- 3 kilometres

Requirements for competitors:

- A. Ages to be calculated to 31st December of the current year.
- B. 8 year olds are eligible to compete at District but will not qualify for Division.
- C. Each competitor must qualify at the **District Cross Country** before competing at **Division Cross Country**. Special consideration for invitations need to be emailed to the district coordinator and then passed on to the division coordinator to make a final decision. SSV criteria must be met in order to receive an invitation to the division competition.
- D. Competitors must be correctly attired in some form of running shoes (no spikes allowed) comfortable running shorts and school T-shirt.
- E. Each competitor is to wear an identification sticker on their shirt with their details - provided by the district or have a code written on their hand. Please collect the stickers from the coordinator upon arrival at Fawkner Park.
- F. Top 8 finishers will qualify for the Beachside Division Cross Country event on Tuesday 28th May 2019 at Bald Hill Park, Clayton.
- G. Multi-Class Athletes will run in the 9/10 year old age group and will wear a wrist band to identify them. They will require a guide on the day who will run behind them provided by their school.

Event Schedule

9:50 am - 10:00 am	Collect and affix sticker identification labels on competitors
10:00 am-10: 15am	Welcome and explain course for competitors
10.15am -10.45am	9 / 10 Year Old Boys & Multi Class Athletes
10.45am – 11.15am	9 / 10 Year Old Girls
11.15am – 11.45am	11 Year Old Boys
11.45am – 12.15pm	11 Year Old Girls
12.15pm – 12.45pm	12 / 13 Year Old Boys
12.45pm – 1.15pm	12 / 13 Year Old Girls
1.15pm – 1.30pm	Presentations

* Please note all times are approximate. The Southport District reserves the right to alter the schedule or course, as they deem necessary.