

Sexuality Education

More than the Facts of Life

INFORMATION FOR PARENTS



The program has been designed to help schools implement particular aspects of the health curriculum including the physical, social and emotional changes at puberty.

The approach used is simple, straight-forward and sensitive. The content of the sessions is age-specific and interactive, using a variety of audio-visual materials, discussion and games.

The program respects and supports the role of the family in sexuality education.

YEAR 5-6 PROGRAM

▪ Look I'm Changing

This session focuses on providing information about the physical changes of puberty for boys and girls. Periods and sperm production are discussed.

▪ I'm in Charge

This session will give students an opportunity to discuss some of the common emotional changes that young people may experience at puberty. Discussion of mood swings and their effects will also take place.

▪ What's It All About

The process of conception, foetal development & birth are covered in the context of family relationships.



Family Life Victoria Inc.
Excellence in Sexuality Health Education Since 1926

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