

29/8/18

Dear Parents/Guardians

Every Friday in Term 4, your child will begin the Toorak Primary School swimming program at Kingswim St Kilda East. We are very excited to welcome all the swimmers along with Mums and Dads and any other family members that would like to come along and watch the classes.

In order to make the first class on October 12th 2018 as productive as possible, please take a few moments to fill out the attached form. This form allows us to group all swimmers into classes appropriate to their swimming ability. During the children's first lesson all swimmers will be assessed, to ensure they are in the most appropriate group for their level of swimming development.

Please don't forget to pack in your swim bag each day bathers, a towel and goggles (if worn).

Please return the completed form to your child's classroom teacher by 20th September.

We look forward to seeing you in the pool soon!

Jon Robson
Centre Manager
Kingswim St Kilda East
www.kingswim.com.au

Toorak Primary School
October 12th 2018 – December 14th 2018 (Fridays only)

Child's name: _____ Age: _____ Class: _____

My child currently has/had lessons at Kingswim. He/she is currently a K ____ level swimmer.

Please complete below only if your child is **not** a current Kingswim swimmer.

My child has had swimming lessons before: Yes / No

Provider name: _____ Current level: _____

Please tick...

- K1 – Complete beginner.
- K2 – Can put face comfortably in the water, able to kick with a kickboard for several kicks.
- K3 – Can kick with a board for 3 metres with face in the water and
Can kick for 3 metres on their back with an aid.
- K4 – Can kick without a board in a rocket position for 6 metres and
Can kick on their back for 6 metres with no aid and
Can do Freestyle arms for 4 cycles.
- K5 – Can do Freestyle with a kickboard for 6 metres with side breathing and
Can do Backstroke independently for 6 metres.
- K6 – Can do Freestyle with correct breathing and Backstroke for 8 metres.
- K7 – Can do Freestyle and Backstroke for 16 metres continuously with good technique.
- K8 – Advanced Freestyle and Backstroke while having a basic grasp of Breaststroke.
- K9 – Advanced Freestyle and Backstroke and has Breaststroke technique.

Is there any other information we should know about your child?

(i.e. not confident in water where they are unable to touch the bottom of the pool and have their head above water)
