



**Online
Parenting
Program**



Call to Book
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Tuning into Kids™

Would you like your child to:

- Have better concentration at school
- Have greater success at making and keeping friends
- Be able to manage conflict
- Be able to calm down when upset or angry

Join a free six-session program for parents, guardians and carers of children.

Tuning into Kids™ teaches you how to help your child understand and manage feelings (emotional intelligence)



This program is provided by Uniting Connections South Melbourne and Star Health. It is offered as part of the Communities That Care Stonnington initiative

When: 6 session program starts **Wednesday 11th November 2020**

Time: 11am - 1pm

Online- via Microsoft Teams

Cost- Free

Info: for parents or carers of children aged between 3-11

