# Newsletter

November 2021







# What's been happening...

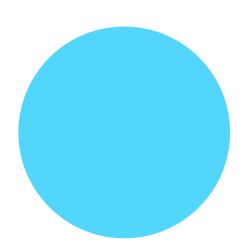
#### **Finding normal**

It has been an exceptionally busy month since starting back for term 4. We officially have all students learning onsite full-time again, with many returning to OSHClub from day one.

As a team, we have had an incredible time having everyone back. Our students and families are why we do what we do, so the service becoming busy with many little faces is such a joy!

We have been doing lots of science, cooking and sport activities recently. These are always very popular at our service and are great at building knowledge/skills whilst flexible in their implementation, allowing us to support students who need it and extend those who are confident.

For students who aren't as eager to participate in group activities, especially sport, we have been making sure to incorporate a variety of art and puzzle activities, and of course, having the reading corner filled with an abundance of books so they can still have a meaningful time.





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# **Coming Up**

Nov 25

**Presentation for incoming Preps** 



Early finish - ASC from 2.30



Holiday club begins!

### **Special Announcements**

# Did someone say lucky dip?!

This vacation care we are giving away 3 large hampers (worth \$55 each) and 3 hampers (worth \$25 each) to families who have multiple booking with us.

To enter is simple, if you have 4 bookings In Summer Holiday 2021-22 with us, including 2 service-based days, 1 incursion day and 1 excursion day you'll be in for a chance to win!



#### **Club News**

#### **Project FOMO is back!**

Now that everyone is back, we are excited to reintroduce our Project FOMO clubs to our program. We have been off to a great start with many students eager to get in on the action!

### **Art Master Class - Mondays**



### Mini OSHClub Bake-off - Tuesdays



**Science Squad - Wednesdays** 



**Sporting Superstars – Thursdays** 





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This term we are working on Quality area 1- Children have a strong sense of Identity.

After we came back from lockdown, we decided to focus on each child's need to Identify their emotions. We changed how we do our group time to make them more comfortable sharing their view and being part of the process. We started new FOMO club to keep children engaged and learn along with fun activities. We are taking feedback and votes through children's meeting for better program planning.

We also organised environments and spaces in ways that promote small and large group interactions and meaningful play and leisure. for Eg Resting area and new soft rugs for construction area.

We also Interact with children one to one for any additional support they need to settle In at service.

# **Sustainability at Toorak OSHC**

### Reuse and upcycle

For the remainder of the term, we will be teaching students about the importance of and *how* to reuse and upcycle our waste and scraps where we can.

We will be creating a new bin where students can put any of their paper scraps so we can reuse them to create something new! We are also saving some of our own paper/cardboard waste to use in the future too.

## Recipe

#### **Strawberry overnight oats**

- 1/2 cup chopped strawberries
- 1 teaspoon honey or maple syrup or organic cane sugar
- 1/2 cup rolled oats (old fashioned)
- 1/4 cup plain Greek yogurt
- 3/4 cup unsweetened oat milk (or milk of choice)
- 1 tablespoon chia seeds
- 1 teaspoon honey or maple syrup (or to taste)
- 1/2 teaspoon vanilla extract

#### Method

- 1. Macerate strawberries: In a small bowl, stir together the chopped strawberries with 1 teaspoon of sweetener (honey, maple syrup or organic cane sugar). Set aside.
- 2. Mix: Add the remaining ingredients to a jar, container or bowl. Stir together until combined. Add the strawberries and stir through.
- 3. **Refrigerate:** Cover and place in fridge overnight (or at least 3-4 hours).
- 4. **Serve:** Add some toppings if you like (see notes for ideas), grab a spoon and dig in!

