Newsletter

October 2021





What's been happening...

Wow, term 4 already?!

As we head into our last term for the year we are reflecting on the previous whilst anticipating the one ahead.

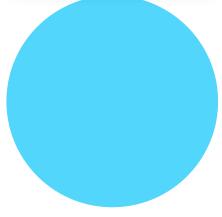
During term 3, we welcomed a few new faces to our service, including students and a new Educator! Will, our new educator, has settled right in at the service! Please check the 'Special Announcement' section to learn a bit more about him. ©

Much of our focus last term was on wellbeing, ensuring the students who were attending the service were doing things they enjoy and love. For this reason, we played LOTS of sports, as it is a favourite of many of the students who are currently onsite.

Another way we tried to support wellbeing was by connecting with others in any way we could. To achieve this, we held several activities twice per week in the later end of term, inviting all students and staff who were onsite to participate. It was great to see teachers and students getting involved! It made for a tremendous time with smiles all round.

Soon after Will's commencement we entered Holiday Club. It was fantastic to see so many of our families during this period. While wish we could have seen more of you, extended restrictions meant that many of our families were still unable to attend Vacation Care. However, we have so much to look forward to in term 4! With the commencement of staggered onsite schooling for all students soon upon us, we are both excited and eager to see your lovely selves back with us again!







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Coming Up

Oct 18

Return to school begins

Preps (Monday to Wednesday) and Grade 1 and 2 (Thursday and Friday)



Next stage

Grade 3 and 4 (Tuesday and Wednesday) and Grade 5 and 6 (Thursday and Friday)



Everyone is back!

From Friday the 5th of November all students are back onsite Monday to Friday

Special Announcements

Welcome, Wilson!

Last term Wilson (Will) joined the Toorak OSHClub team as a permanent educator.

Will is studying his Bachelor's in Health and Physical Education at Deakin University. Bringing a wealth of knowledge and a positive attitude to our service.

If you'd like to learn more about Will, please find his bio on the last page.



Club News

A COVID safe return.

As we settle into term four and prepare for the resumption of onsite learning. Toorak OSHClub is confident in our ability to welcome students and families in the safest setting possible, with all our permanent staff being either fully vaccinated, or will be by the months end.

Your child/ren can attend OSHC as soon as they are back onsite! So, please make sure to book them in for their respective dates so we can ensure we have enough resources prepared.

Upon their return children will be pleased to know that we have purchased some new equipment to spruce up the service. Including a new kitchen, market stall, some board games, and new sporting equipment!

We know that many children who were unable to attend onsite schooling may not have had access to playgrounds, or even a backyard, in the recent months. So having these new items will ensure that they have the best time possible once they return!

Need to book a COVID-19 vaccine appointment?Please use this <u>link</u> to find the Department of Health's Clinic Finder.





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Quality Area Reflection

Wellbeing is key to a child's success

Over the recent weeks we have aimed to structure our programming around Quality Area 2 'Children's health and Safety' of the National Quality Framework.

When thinking of how we could further develop our practices to support this component we identified that doing things you enjoy, especially physical activity, and staying connected with others were central to achieving this. This belief informed our programming for term 3 activities as reflected in the activities mentioned in the 'what's been happening' section.

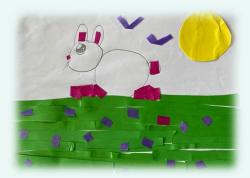
These two aspects have been continuously identified as major determinants of wellbeing for children (and adults) by health and education professionals, especially throughout the course of the pandemic. Therefore, with this in mind and the levels of participation and enjoyment in our activities, we are confident that we have met our goal of positively supporting our student's wellbeing!

Sustainability at Toorak OSHC

Keeping our futures safe

Sustainability is a priority for both our service and the company, and we are continually reflecting on our current practices and thinking of ways that we can improve.

We have a recycling bin at our service that we have students place their art and craft scraps into. Emphasizing the need to be responsible with our use of materials, we had students reuse the 'scrap paper' to make art. Please see this amazing example of Lanabelle's artwork that she made for Maddie:



We take a similar approach to food scraps during our meal preparation, composting our food waste rather than sending it to landfill. We are planning to do some activities about composting this term.

If you and your child/ren would like to learn about it beforehand, please check out the event linked here!

Recipe

Scones

300g self-raising flour

60g caster sugar

50g nutellex (+ extra for greasing)

2 tsp ground ginger

1 tsp ground cinnamon

3 Tbsp greek yogurt

150-160ml light milk

75g blueberries

Method

- 1. Preheat oven to 200°c and grease sandwich cake tins.
- 2. Mix flour, sugar, and spices and combine with butter using rubbing motions.
- Add yogurt and slowly incorporate milk until a sticky dough consistency is achieved.
- 4. Add blueberries and combine with gentle folding motions.
- 5. Knead dough on a floured surface, then roll out until about 2cm thick. Cut scone shapes and place on greased tins
- 6. Place in oven for about 15mins. Will be a golden-brown colour once ready.
- 7. Remove from oven and serve with preferred toppings.

See you soon!



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Wilson Lucas (Will)

Educator

About me

Hey! I'm Wilson. I'm studying to be a health and PE teacher at Deakin University. I've travelled all around the world and have a puppy called Murphy.

My favourite activities

Enjoying the sunshine. Playing sports and being outside. Meeting new people and getting excited about events.

Fun fact

I'm from Queensland! I moved here in 2018.

My goal at OSHC this year

Help the kids be the best they can be by remaining positive and enthusiastic.



Qualification

Bachelor of Health and Physical Education

First Aid CPR

Hobbie

Snowboarding

Travelling

auages

English



