



**Call Catherine
to book**

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Tuning into Kids™

Would you like your child to:

- Have better concentration at school
- Have greater success at making and keeping friends
- Be able to manage conflict
- Be able to calm down when upset or angry

Join a free six-session group program for parents, guardians and carers of children.

Tuning into Kids™ teaches you how to help your child understand and manage feelings (emotional intelligence).

Free child minding available.

WHEN: 6 session program starts on Thursday 24th October

TIME: 10:30am - 12:30pm

WHERE: TRY Kindergarten South Yarra, 259 Malvern Road, South Yarra

COST: Free

INFO: Parents of children aged between 4-10 years old



This program is provided by Star Health in partnership with TRY Kindergarten South Yarra as part of the Communities that Care Stonnington initiative.

